



1601 North Tennessee Boulevard
Murfreesboro, Tennessee 37130
www.school.saintrose.org

Dear Parents,

Well, summer is officially here! While most of you are thinking about vacations, cookouts, and doing other fun activities with your children, **I encourage you to also register them for one of our Fall Sports programs.**

Fall sports includes: Cross Country (K-8 grades), Girls Volleyball (7-8 grades), JV Football (4-6 grades), Varsity Football (7-8 grades), and Fall Baseball (9-13 years old). More details about each of these programs are located under the Fall Sports heading on our [School website](#) under the Athletics tab. To register, click on the [2020 Fall Sports Registration](#). If one is interested in baseball, please contact me directly. The registration process is different. All athletes will also need to complete a new health form for this upcoming school year. You can find the health form under the Athletic tab.

Practices will likely begin around July 23. Registering now helps our coaches to begin communicating important dates. It is also possible we could have a few "day camps" in July where the coaches will provide instruction, conditioning, and skill building activities.

Note: Both Football teams and Baseball allow us to have players who are not part of a Catholic school or parish (Volleyball and Cross Country do have this requirement). So, if you know of a child in the appropriate grade or age who would like to play for our teams, please contact me.

COVID-19 Precautions:

Speaking of health, your child's health and safety are of utmost importance to us. We are working closely with Diocesan leaders and local officials to determine the appropriate guidelines to minimize the risk of athletes, coaches, and fans contracting COVID-19. Our plan is to share this information/plan with parents and the athletes as soon as it is determined. As you know, this is a fluid situation and could change as we move through the summer and the students return to school. This safety effort is in addition to the other required safety programs our coaches complete.

SportsLeader Program:

Saint Rose sports also implements our SportsLeader program. The overall program is built on four pillars: Virtues, Mentoring, Ceremony, and Catholic Identity. This Virtue pillar includes prayers and weekly virtues/vices discussions, led by the coaches. As your Athletic Director, I send parents segments of the virtue/vice content, so you are aware of what the athletes are learning and help support it at home.

To give you a taste, click on the attached document that has some of the contents for the SportsLeader program on the virtue Stamina. I also attached a conditioning program, shared by our Cross Country coach Katrina Harris, to help anyone build stamina in preparation for any sport one may play this coming fall. Find time as a family to take on this challenge.

If you have any questions, please email or call me.

Bill Wright

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